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Sweden´s top accommodation news 2026: the perfect blend of rejuvenation and excitement

Spending time in nature and engaging with culture are evidence-based ways to support both mental and physical health. As the first country in the world recommended by doctors, Sweden continues to promote this restorative approach. The top accommodation picks for 2026 offer the perfect blend of rejuvenation and excitement, ensuring visitors have ideal settings to fulfil their Swedish Prescription.

Catch up on newly restored retreats, like Hotel J, immersive natural experiences, like the NEW one-tent glamping experience deep in Central Sweden´s forest, or opportunities for social wellness at NEW hotel Hagastrand.

Here are our picks for where to stay and make 2026 a special year:

- Restored and renewed, Hotel J, Stockholm Archipelago retreat
- Embrace social wellness at NEW hotel Hagastrand, Stockholm
- NEW boutique townhouse, a cultural landmark in Uppsala
- Classic seaside feelings at NEW Margretes Badhotell, this summer
- Innovative NEW roadside hotels aimed at car travellers
- NEW 900 square metre spa at historic island hotel
- NEW one-tent glamping experience, deep in Central Sweden´s forest
- NEW extended summer stays at sustainable Hotel Sommarhagen

Drop anchor at the archipelago retreat, Hotel J

Located close to Stockholm city centre, Hotel J takes its name from the J-Class yachts of the 1930s, known as symbols of craftsmanship and elegance. The newly re-opened hotel’s interiors reflect a Scandinavian palette of whites, blues and reds, creating a calm, nautical atmosphere.

Nearby stands Tornvillan, a historic villa built in 1889, now carefully restored. From sea-facing rooms to the Panorama Sauna and seasonal menus at Restaurant J, the setting invites a pause from city life. Wellbeing classes add another layer to the experience, encouraging balance and renewal.

https://www.hotelj.com/en/

Embrace social wellness at NEW hotel Hagastrand

A new destination for social wellness by Brunnsviken, a calm stretch of water surrounded by parkland, historic estates and walking paths, one of the city’s most popular places for gentle outdoor time, minutes from central Stockholm. Hagastrand combines Nordic heritage with contemporary design by Swedish design firm Wingårdhs, offering 215 rooms, restaurants, bars and flexible spaces for meetings and gatherings.

The spa is at the heart of the experience: an 18-metre pool bathed in natural light, underwater music, and an event sauna where sound, scent and heat create immersive ceremonies. The spa lounge serves seasonal dishes inspired by global sauna cultures, encouraging slow pauses and mindful moments.

Social wellness here means more than relaxation. Artistic performances, from circus acts to underwater concerts, bring energy and presence to the setting. Hagastrand is a place where wellbeing becomes shared.

https://www.hagastrand.se/en/

Lose yourself in history in Uppsala

Uppsala has gained a NEW cultural landmark. Akademihotellet, located in the city's historic heart, is opening a boutique extension in Clasonska Gården, a townhouse built in 1698 by scientist Olof Rudbeck. Guests encounter influences from the 18th, 19th and early 20th centuries.

This is not just accommodation, it's a narrative of architecture and identity, set between Uppsala Cathedral and the castle in Sweden's oldest university town. This boutique hotel strengthens the area around Övre Slotts as a hub for cultural experiences, where visitors don't just see history, they stay in it.

Further info: https://akademihotellet.se/en/clasonska-garden-2/

Classic seaside feelings open summer 2026 at Margretes Badhotell

Set to open in summer 2026, Margretes Badhotell brings back the charm of a classic Swedish seaside hotel at Margreteberg on the stunning Kulla Peninsula in southern Sweden´s Skåne region. Overlooking the tranquil waters near Höganäs, an area known for its ceramics, the hotel will offer a restaurant and a space for events throughout the year.

Behind the project is Blue Tuna Group, transforming one of Höganäs' finest coastal locations into a destination for relaxation. Margretes Badhotell aims to combine timeless seaside traditions with modern hospitality in a setting designed for leisure.

For more info: https://www.instagram.com/margretes.badhotell/

Innovative NEW roadside hotels aimed at car travellers

Hotel group Strawberry is launching a new, eco-conscious chain named Stopover, aimed at car travellers. The first roadside location is now open in Falkenberg, on Sweden's west coast.

The new concept hotel chain offers domestic and international visitors a place to recharge electric vehicles, stretch their legs, and continue their Swedish adventure refreshed. In addition to restaurant facilities, Stopover hotels offer pet-friendly hotel rooms, playrooms for kids, and even a gym for adults.

Also in 2026, Strawberry will take over the operation of a hotel in Visby, Gotland, from Scandic in the summer, as part of a new long-term collaboration with Gotlandsbolaget.

https://www.strawberryhotels.com/brands/stopover/

New spa experience at historic hotel near Stockholm

In spring 2026, the historic Villa Foresta hotel on the island of Lidingö, just out of Stockholm, opens its new spa, *Acqua de Foresta*. A 900-square-metre oasis with a sea view, indoor and outdoor pools and several saunas. The spa pays tribute to both ancient Roman spa cultures and to the spa tradition dating back to the turn of the 19th century.

New glamping site in central Sweden offers unique nature experiences

One tent, that's it. That is the new experience the glamping site Hästnäs Logi offers, starting summer 2026, in what feels like northern Sweden, though it's actually in the middle of this long country.

One tent, deep in an untouched ancient forest, and next to a lake (the tent is, of course, rainproof, and super comfy). Guests may try various activities such as stand-up paddling or biking, or they can just sit by the lake, rest their eyes, breathe the fresh, crisp air and listen to the sounds of the surrounding nature.

This is a place to enjoy solitude and be in the moment, run by a young couple on land that has been owned by the family for

centuries.

www.hastnaslogi.se

Forest Resort Hotel’s NEW extended summer season stays

New for 2026, the extended forest stay at Resort Hotel Sommarhagen now includes two nights and a full day, giving guests more time to unwind and explore. Accommodation ranges from floating hotel rooms and glass houses by the lake to traditional lakeside cabins, all designed to immerse you in nature and silence.

Activities such as hiking, cycling and canoeing invite discovery at your own pace, while sustainability guides every detail—from energy-saving measures to reducing food waste and preserving the landscape. Resort Hotel Sommarhagen is a place to pause, breathe and experience the forest in its purest form.

https://sommarhagen.se/EN/Sustainability

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